

THE

neweurasian



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APR - JUN 2019



Heritage Stories that need to be told

Looking into the EA Family Tree Project



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APR - JUN 2019

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PRESIDENT'S MESSAGE



Happy guest player EA President Alexius Pereira (standing 3rd from right) with his football mates.

Dear members

Just want to update you on a couple of important events that took place over the past quarter:

The first concerns the EA's participation in Chingay 2019 Dreams Funtasia Bicentennial Edition in February (see Page 2). I'm happy to report that the EA dancers won the Best Contingent Display (Travelling Dance) based on audience votes. Congratulations to all the dancers; you have made the community very proud.

The second was the EA's Volunteers and Donors Appreciation Lunch held on 9 March (see Page 6).

Volunteers are the lifeblood of the EA. As the EA has only 11 full-time secretariat staff, it would be impossible to undertake all the programmes and activities that touch the lives of many Eurasians. These range from assisting the underprivileged to sharing our Eurasian culture at our Eurasian festivals. Similarly, almost half of EA's working budget comes from donors – individual and corporate; the remainder comes from the Government.

At the lunch, around 100 volunteers and donors came to receive their certificates of appreciation. I trust they all had a nice time at the event, thanks to a good meal from Quentin's and music by Mel Ferdinands.

I personally will not forget this particular lunch as I was invited by the EA Men's Soccer Team to be their guest player in a match they were playing the next day. Unfortunately, because I was the goalkeeper, we lost 3–4 to St Patrick's Old Boys. Sorry, guys. My goalkeeping skills aside, I am deeply grateful to all EA's volunteers and donors. It is my hope that they continue to support the EA.

In July, we will once again need volunteers for the EA's Centennial Eurasian Festival to be held at Our Tampines Hub. Prime Minister Lee Hsien Loong will be our Guest of Honour and it would be great if many Eurasians were there to greet him and to share with thousands of Singaporeans our wonderful Eurasian culture. Looking forward to seeing all of you there!

Warmest regards from your Prez.

Dr Alexius Pereira

ON THE COVER

These beautiful family photos belong to Patrick Mowe, former teacher, advertising guru and publisher. He aims to get 100 Eurasian families to share their stories to submit to National Archives Singapore. Page 4 has the details. Pictured clockwise from far left are Patrick's maternal grandmother Josephine D'Silva; Patrick as a young boy with his parents and sister Audrey; his maternal grandfather Gil D'Silva; and his parents, Oscar and Theresa Mowe.

AN OPUS CREATIVE

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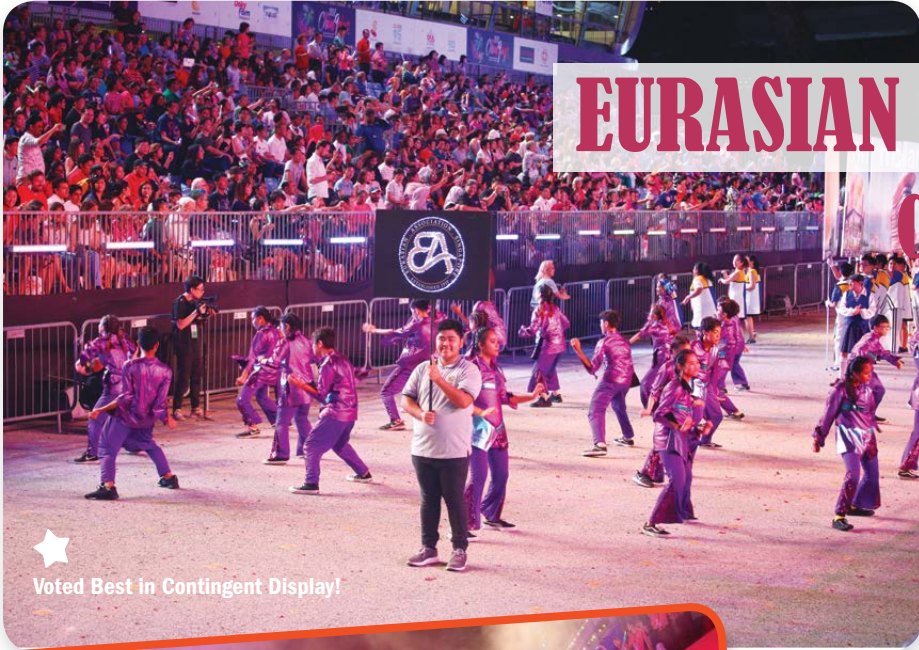
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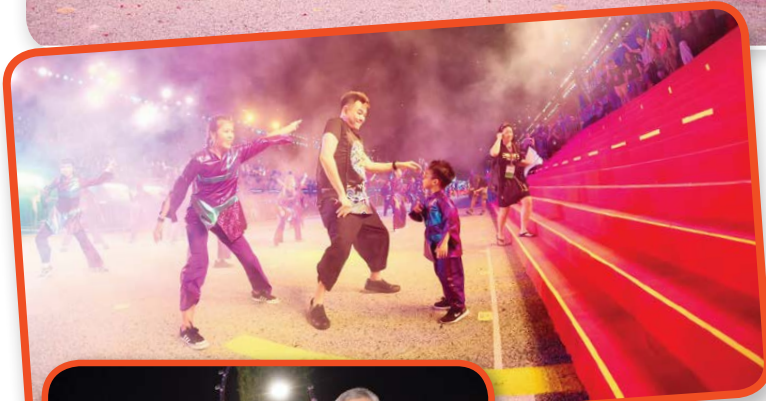
Hana Schoon



EURASIAN PRIDE AT THE CHINGAY PARADE

Voted Best in Contingent Display!

After three months of intensive weekly training sessions, the EA Community Dance Contingent was ready to dazzle the crowds at the Chingay Parade. And they certainly did! Comprising 26 dancers, the Contingent did us proud on 15 and 16 February 2019 at the F1 Pit Building with their energetic routine choreographed by Syarul Ezuan. Holding the LED banner high was Gabriel Emmanuel Teo from EA's Dance Troupe.



EA'S Community Dance Contingent of 26 young men and women, and a couple of tots showing their cool moves at Chingay Parade 2019.

Nine dancers from the Contingent later participated in the Chingay Night Fiesta @ Orchard on 9 March. This time, there was more interaction with the public.

As part of the season's celebrations, the aspiring Eurasian artist, 15-year-old Sheri Elizabeth Nonis, did us proud again when she represented our community as one of four talents who helped create the 'SG BICENTENNIAL' banner. It was no mean feat writing on the fabric painting measuring 280m long! After the event, EA President Alexius Pereira and Sheri were invited to the post-performance Appreciation Lunch held at the Istana on 18 February.



The happy performers with (left) Prime Minister and People's Association Chairman Lee Hsien Loong, and (right) Minister for Trade & Industry and People's Association Deputy Chairman Chan Chun Sing.

More good news! The EA Community Dance Contingent clinched the Best in Contingent Display (Travelling Dance) Award. They received their prize at the Chingay 2019 Award cum Appreciation Nite on 14 March. Can't wait for next year's Chingay Parade to see what our talented group will come up with!



Members of EA's Dance Contingent with (from left) Hazel Soe from the EA Secretariat, Deputy Prime Minister Teo Chee Hean and EA Trustee Timothy De Souza.





Season Of Friendly Soccer Games

It was all eyes on the ball and a showing of nimble feet when the EA Men's Soccer Team took on other teams this soccer season from January to March 2019. Our Soccer Team didn't fare too

badly – or too well – depending on how you look at it. But let's just say that there's always a next time. Meanwhile, practice, practice and more practice makes perfect!

How we fared against the following teams from January to March.

EA Men's vs Pho FC: 24 March 2019	4 - 14	Lost
EA Men's vs St Pat's Class of '93 at ITE College: 10 March 2019	3 - 4	Lost
Inter-Faith Soccer 7s Tournament - 2019 (Quarter Finals) EA Men's vs Joo Chiat CSC	0 - 3	Lost
Inter-Faith Soccer 7s Tournament - 2019 (Group Stage) EA Men's vs Darul Arqam	0 - 0	Draw
Inter-Faith Soccer 7s Tournament - 2019 (Group Stage) EA Men's vs La Liga	1 - 1	Draw
EA Men's vs Essex at Catholic Junior College: 10 February 2019	1 - 6	Lost



Warming up for the match against St Pat's Class of '93.



Left: EA Men's Soccer team played against Essex. Right: EA's Men Soccer team played in the Inter-Faith Soccer 7s Tournament 2019 against La Liga and Darul Arqam in the Group Stage, with both matches ending in draws, 1-1 and 0-0 respectively. The team's run ended in the Quarter Finals, when we lost 0-3 to Joo Chiat CSC at Victoria School.



EA Men's Soccer team before their match against Pho FC at The Rainforest Sports Hub.

The EA Family Tree Project

Sharing wonderful stories at the Eurasian Community House.

Keen to find out more about documenting their family stories, some 60 enthused Eurasians gathered at the ECH to meet *da man* – Patrick Mowe. Patrick, who has spent more than five decades in advertising and publishing, was there to share his ideas on how we can record our family tree. Patrick is Eurasian on his mother's side. His maternal grandparents were Gil and Josephine D'Silva.

The *Foundation For Illustrated Family History* grew out of a publishing background of 56 years. Starting from a secondary school yearbook, Patrick went on to textbook and magazine publishing, putting out popular periodicals like fashion title *Female*. This event at the ECH's Multi-Purpose Hall on Saturday 19 January 2019 was a collaboration between Patrick and the Eurasian Association. Joining him were five other authors including Bernard Holmberg, Anthony D'Rozario, Patricia De Souza, Melvyn Alphonso and Terence Gomes. Inspiring speeches from EA President Alexius Pereira and former EA president Timothy De Souza sought to persuade more Eurasian families to start their

own Family Tree Book. The noble goal: 100 Families, 100 Books. Ambitious? For sure! Do-able? Absolutely!

Bringing mass marketing techniques to the 'business' of documenting family histories, Patrick plans to create a unique product that will be the pride of Eurasians. "If 100 families could each contribute their family stories and we gave each book an identifiable look and feel, what a wealth of Eurasian history we would have in our hands," says Patrick. He wants to convince families on the importance of this and is willing to do the work – ie design the layout, provide workshop sessions and print a copy for National Archives Singapore – to achieve this worthwhile goal.

So far, Patrick has collected about 30 family books. While he has yet to reach his target, he's confident more people will come forward, and hopefully before the end of this year of EA's centenary. So, everyone reading this, take in 'What Patrick Will Do For Free' and 'What You Have To Do' on the opposite page and get going!



"If 100 families could each contribute their family stories and we gave each book an identifiable look and feel, what a wealth of Eurasian history we would have in our hands."

– Patrick Mowe, author of *Six Generations of Mowes*, and more

LEFT Clockwise from far left: Patrick Mowe, Melvyn Alphonso, Bernard Holmberg and Patricia De Souza absorbing the 'qi of knowledge' from Anton D'Rozario. BELOW From left: Patrick using his persuasive skills; inspired participants admiring the family history books some Eurasians have shared.





WHAT PATRICK WILL DO FOR FREE

1. Do the design and layout for your book
2. Option: Conduct four workshop sessions in four weeks
3. Print one copy of your book for National Archives Singapore

WHAT YOU HAVE TO DO

1. Collect photos of at least four generations of your family
2. Convert to slide images (minimum 1 MB per slide)
 - Identify person's full name and date of birth
 - Write caption for each picture (eg names, occasion)
 - Write a short paragraph for the story (if available)

EXAMPLES OF GENERATIONS

- First generation – Grandparents
- Second generation – Parents
- Third generation – Children
- Fourth generation – Grandchildren

WHAT'S THE NEXT STEP?

1. Send an email to Patrick at moweboleh77@gmail.com
2. State your name, mobile number and home address
3. Patrick will advise you on how to send in your materials



PATRICK MOWE



PATRICIA DE SOUZA



BERNARD HOLMBERG



ANTON D'ROZARIO



MELVYN ALPHONSO



TERENCE GOMES

**These lovely people have written their family stories.
When will you write yours?**

Showing Our Appreciation



Volunteers and donors gather photographed at the Eurasian Community House.

We know how much you've made sacrifices of your time. We know how much joy you have brought to the underprivileged. We know how much you have made efforts to promote our Eurasian culture. And now it's time for us to show our appreciation. At this year's Volunteers' Appreciation Lunch on 9 March 2019, more than 70 volunteers came to share their experiences and keep in touch with others who have as big a heart as theirs.

These volunteers were recognised for their generous contribution towards EA's various community building activities, projects and programmes, which benefitted many people from the Eurasian community in 2018. To say a big Thank You to the attendees, Mel Ferdinands entertained them with a variety of hit songs that everyone enjoyed listening to – and sometimes even singing to.



Clockwise from left: EA President Alexius Pereira thanking the volunteers; volunteers with their Certificates of Appreciation; enjoying a well deserved makan.

FSS



FSS Befrienders (from left) Christine Pereira, Patricia Rodrigues, Carol Shepherdson and Martha Fernandez.

Befrienders UNITED

By Misha Monteiro

Leave No One Behind. A bold statement to be sure, but one which underpins the ultimate hope of the EA Family Support Services. We work to comfort those who have no one, to give a voice to those who have none and to strive every day to remind every member of our community that they are not alone.

Volunteers of the FSS rallied to calls for a vision put forward by FSS Chairman Edmund Rodrigues who saw the need to form an organised and consistent support network for the less fortunate in the community. And so for the last year, volunteers under his direction have worked on a proposal to form a Befrienders Organisation within the FSS to provide holistic, economic and social support to less privileged Eurasians. When ready, the FSS will be prepared to recruit, train and sustain a pioneer batch of volunteer FSS Befrienders to provide four basic support services.

When has become now. We call on every member of our community to rally round and support the FSS Befrienders in any way you can; you have a part to play in community building. For those among us who are able, join as an Active Befriender and train with us in fulfilling the four support services.

Think **BIRD** – Be a Friend, Informative, Referral point, Delivery person. If you have a fluid work schedule or other commitments, then consider joining as an Auxiliary Befriender; you will find we have many flexible opportunities to help the less fortunate in our community.

No One Left Behind. A simple goal which, while not yet attained, is the ultimate objective, a worthy cause to pursue. Besides meeting basic needs, FSS Befrienders also aims to win the hearts and minds of the community as a whole. The long-term objective to develop

integral support infrastructure will require wholehearted support to ensure we will one day meet our goal. From organising and hosting events such as FSS Family Day to home visits or simply making a friendly phone call, there are many ways we can work towards improving the lives of everyone in our charge.

The FSS thanks donors and supporters for their tremendous generosity in supporting our effort to reform and innovate how we engage, support and care for those in our charge. Its success and the positive impact on the members of the community we support would not have been possible without their contributions.



Catching up with friends and sharing notes on their experiences.



Chairman Edmund Rodrigues and his wife Eve (in blue) with members of the FSS Subcommittee.

JOSEPH SCHOOLING Sports Grant Award Ceremony

In support of local sporting talent, the EA, alongside Singapore's first Olympic gold medallist Joseph Schooling, officially awarded the Joseph Schooling Sports Grant to its first recipient, 18-year-old Eurasian, Tia Louise Rozario, at a private ceremony on 2 March 2019.

Accompanied by his parents Colin and May Schooling at The Eurasian Community House, Joseph presented a S\$5,000 grant that will assist Tia in developing and launching her sporting career and achieving her dreams on the track. Tia was one out of three impressive and outstanding candidates that were shortlisted for the grant interview.

Tia is a track and field athlete from the Singapore Sports School and was inspired by the sacrifices Joseph had made to develop his talent. The young sporting talent has made a name for herself too, winning six gold medals with a record of 15.17 seconds for sprint hurdles at the National School Track & Field Championship. Dominating in the field of the hurdling, Tia has completed her nine-year streak by being at the top of her game.



Gold medallist Joseph Schooling and aspiring sports talent Tia Rozario.



Joseph and Tia with EA President Alexius Pereira (6th from left), MC members and former EA Presidents Edward D'Silva and Benett Theseira (1st and 2nd from left).



Tia with her parents, Louis and Theresa Rozario, and her brother Jaden, and Joseph with his parents Colin and May Schooling.



Joseph being interviewed by the press.



Colin Schooling, Louis Rozario and Benett Theseira.



Enjoying the roundtable discussion.

YOUTH

find your ikigai 2019



Find Your Ikigai is a new youth empowerment programme launched by the Eurasian Association Youth Committee, with South West Community Development Council (SW CDC) and Young NTUC as the main programme partners. It started out as the EA Mentorship Programme for Eurasian youth but has since been enhanced to incorporate new programme elements and expanded to include youth of all races and academic backgrounds. Outreach partners include CDAC, MClub (Mendaki's youth wing), SINDA Youth Club and National Youth Council. A total of 50 youths joined and benefitted from the programme.

The programme's aim was to help youth find greater clarity of their life purpose and to empower them to achieve it. The programme consisted of a total of seven workshops. The first four sessions used a combination

of human library stories, small group life coaching and mindfulness empowerment to help youth work out their life purpose and direction. Inspirational speakers Anita Kapoor (TV presenter), Michele Chong, (singer-songwriter and sound therapist), David Hoe (National Youth Council member and educator) and Reena Rajasvari (Consultant, Rohei Corporation) were part of the human library talents happy to share with these youths the challenges they faced throughout their various journeys.

The latter three sessions comprised workshops conducted by experienced, certified professionals to provide the youths with skills to achieve their life purpose. These include study skills and mental focus workshops, curriculum vitae (CV) and resume writing workshops and career networking and mentorship, amongst others.

What they said:

Ryan Chua: "The Ikigai programme has been a great way to know and learn more about myself, my strengths, weaknesses and so on. It has also been a great way to make new friends who share a common interest."

Aldrich Low Wei Jie: "The Ikigai programme helped me build self-confidence. It also taught me how to get to know other people – including my friends and family – better and how to respect others."





A Spirited Girl Named **FARZANAH FRIDAY**

Farzanah Friday, 22, firmly believes that we are more than what is stated on our Identity Card. She explains that we are not defined by our race but by the cultures we embrace. She loves visiting countries the world over and learning about new cultures.

Having a Eurasian mother and learning more about Eurasians have made her realise that they are a truly diverse bunch, and that perhaps this is what makes them different. They're inclusive and open, and you'll always feel at home with them, she says. For those reasons, Farzanah chose to volunteer with the Eurasian Association to discover more about her Eurasian roots, which she knew little about. She adds: "I've been volunteering with youth groups ever since I was 13, and I discovered that working with like-minded individuals is empowering. When the volunteer stint with the previous group ended its run, I decided to look for a new place." Even though she was a new face at the EA, the members went out of their way to make her feel right at home. They are a family she considers herself lucky to have found, she says.

When asked about her most rewarding experience volunteering for the EA, Farzanah speaks enthusiastically about the recent Youth Forum on Climate Change: "Helping out and hosting the recent Youth Forum on Climate Change has been one of my most rewarding experiences. The platform allowed me to connect with other organisations and broaden my network for, hopefully, future collaborations." She also had words of praise for EA Youth

Subcommittee Chairperson, Christopher Gordon, "I love how Christopher is open to hearing out our passions and interests in order to conduct more events for the community, and thereby allowing the team to exercise their strengths and potential."

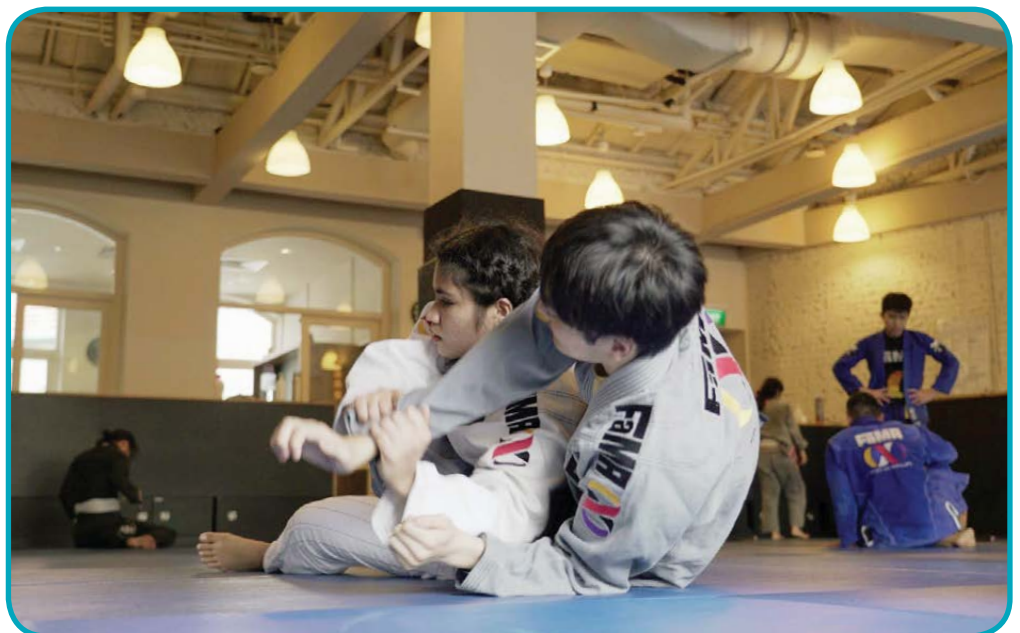
Going forward, Farzanah hopes to use her strengths in journalism, social media and video production to contribute to the EA. She is currently working with EA Youth Subcommittee member Andrew Pang on conceptualising a whole range of lifestyle-related content for the EA's social media channels. Their aim is to actively engage the community and get them interested in what the EA is doing.

Outside of her professional and volunteering commitments, she spends time engaging in sports (currently Brazilian Jiu-Jitsu) or whipping up new recipes in the kitchen. Says Farzanah: "As a huge foodie, I am eager to learn more about Eurasian cuisine and perhaps add a twist to it to suit different diets – keto, vegan, halal, vegetarian and so on. Cooking aside, if I am in a mood to unwind, you'll probably catch me snuggled in bed with my cats and a book, or catching up on documentaries on Netflix."

Farzanah's advice to others thinking of getting involved with the EA: "It isn't as intimidating as it seems! We're a cheerful bunch and we aim to amplify our people's skills and elevate them to greater heights. Your growth is just as important to them as their own, and it sure feels like being part of an extended family."

"Helping out and hosting the recent Youth Forum on Climate Change has been one of my most rewarding experiences. The platform allowed me to connect with other organisations and broaden my network for, hopefully, future collaborations."

– Farzanah Friday, whose interests range from cooking to Brazilian Jiu-Jitsu



Young Eurasian Leaders' Programme

CIP Project With club rainbow



A group of youths who participated in the EA Youth leadership programme in 2018 executed their Community Involvement Project (CIP) for Club Rainbow beneficiaries on 23 March 2019.

As part of the CIP project, the Club Rainbow beneficiaries were taken on a tour of Citizen Farm, an urban farming community whose vision is to promote sustainability and urban farming practices within the Singaporean community. Its purpose is to grow the best quality produce with the least amount of waste and sell this produce to restaurants and retailers who support the sustainability cause.

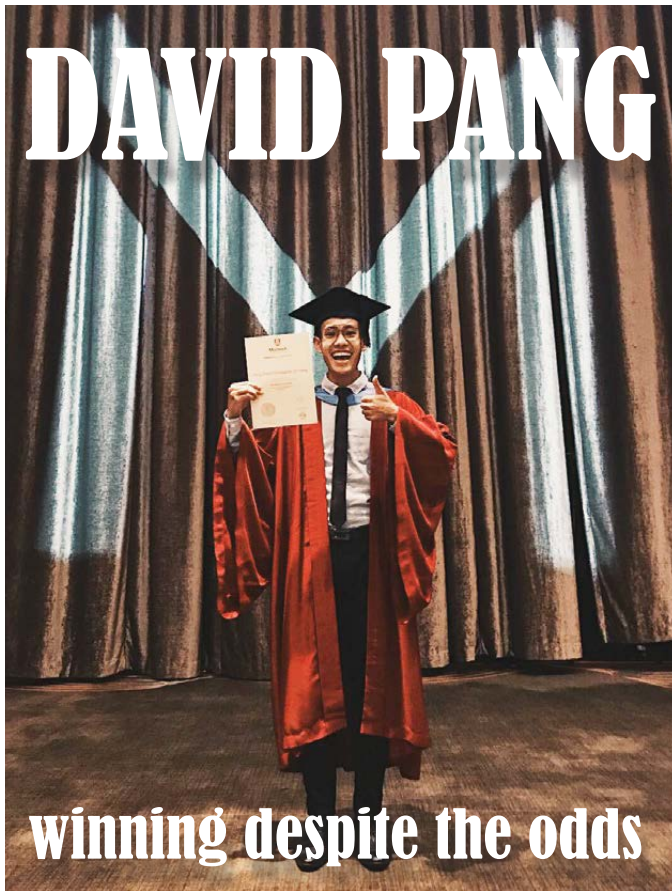
A total of 15 beneficiaries and 15 caretakers attended this session. As part of the programme, the beneficiaries and caretakers were led through a series of activities which included

an educational awareness session on Global Urban Farming practices that emphasised the need to be sustainable in the communities we live in, a walkthrough of the urban farm that grew within the vicinity of Citizen Farm, and tasting freshly grown vegetables and edible flowers. The attendees were also shown various upcycling and agricultural methods used by the organisation and were told how these vegetables were brought from farm to table.

The session concluded with a tote-bag painting session led by our Youth Leaders. Using recyclable material and organic paint, the beneficiaries were further educated about the importance of sustainability and the need to save the earth. The session was very well received, complimented on by the beneficiaries, caretakers and, of course, Club Rainbow.



Participants rediscovering nature by touching, feeling and most of all, enjoying the sights and smells around them. A big Thank You to everyone who made this wonderful outing possible. This project was supported by the National Youth Council and Young ChangeMakers.



Ever wondered what happens to the young people who are awarded the ECF bursaries? Here's the inspiring story of David Christopher Pang, whose six Bursary Awards gave him a much-needed leg up during his teenage years.



IMPORTANCE OF BEING IN THE RIGHT PLACE

David went on to the Institute of Technical Education (ITE) and after achieving the National Institute of Technical Education (NITEC), was promoted to Higher NITEC in Sports Management. He knew then that he was in the right place. He was able to translate his love for hands-on experiences into theory-based explanations for his exams, and this got him good grades! Scholarship students seldom follow one path; they are often selected on their ability to manage schoolwork and CCAs.

Through his higher NITEC studies, David managed to score a near perfect grade point average (GPA) of 3.96 out of 4 even while taking part in leadership camps, sports competitions and working part time. The ability to excel and grow in all areas eventually led him to being named outstanding graduate and recipient of the Sng Yew Chong Gold Medal Award. The icing on the cake was that he was chosen to give the Valedictorian speech at the 2010 Graduation Ceremony. He was also awarded the Lee Kuan Yew Model Student Award, which fully sponsored his studies in Sports and Wellness Management at Nanyang Polytechnic.

At Nanyang Poly, David continued to excel in his studies and represent the school in sports. The self-discipline he had imposed on himself stood him in good stead as he juggled studies, CCAs and part-time work. When he graduated with a GPA of 3.56, he was not the top student in terms of grades, but for the second time he was selected to deliver the Valedictorian speech.

FROM VALEDICTORIAN TO BEST NS FRONTLINE OFFICER



At 12, things were not looking too good for David Christopher Pang. He had just taken his Primary School Leaving Examination and unlike his siblings (he is No. 5 of six children) who had done well, David had barely scraped through. Not getting to the Express stream demoralised him, and he didn't see a bright future ahead.

St Patrick's School accepted him into the Normal Technical stream, which usually means no hope of getting into university. His first two years in secondary school saw him fail both his second language and mathematics. His self-esteem plunged, but his family, especially his parents Richard Pang and Gerardine Pang nee De Souza, never gave up on him.

At around this time, the Eurasian Association came to the rescue. In 2007, David received the Merit Bursary Award for secondary school students, and was recipient of the Best Overall Performance in GCE N Level category of the Joint Tuition Awards. He also got the Study Grant, and received The Colonel R J Minjoot Award for Outstanding Eurasian ITE Student (sponsored by Gerald Minjoot) in 2008, 2009 and 2010. It was a turning point for him.

There was something else. Like his brothers before him, David had joined the National Cadet Corps and the track team. There, he met people, who, instead of making him feel conscious about his setbacks, inspired him. Sixteen years on, they remain friends.

From them, David learned that if you think a task is difficult, all the more you should do it and learn to enjoy it. If you can manage to make something easy, then easy things become even easier! Inspired, David worked hard and it paid off! At the end of Secondary 4, he scored As in most subjects; he even managed a Pass in Mandarin. All this, in addition to representing his school in two different co-curricular activities, or CCAs.



When David enlisted into the Singapore Police Force for National Service, he asked if he could serve as a security specialist. His officer-in-charge asked him to consider patrolling the streets instead. The officer explained that handling members of public is where changes can be made. Convinced, David opted to serve as a patrol officer and was posted to the Rochor Neighborhood Police Centre. There, he received the Best Officer award for February, September, October and November, which led to him being named the 2014 Best National Service Frontline Officer.

FINDING HIS NICHE WHILE BROADENING HIS KNOWLEDGE

Having studied sports for five years, David then enrolled for a Bachelor's course in Tourism and Event Management. He felt that this new direction would allow him to broaden his knowledge and apply what he had studied to this new discipline. Another of his dreams came true when he got his degree in March 2017.

Even while busy with his studies, David never for one moment kept still where other pursuits were concerned. From ITE to University, he went on multiple overseas exchange programmes, covering Brisbane, Jakarta, Kuala Lumpur and Melbourne. He also worked part-time with various companies dealing in sports and sports events. He was a football coach for nine years.

David also worked with the Singapore Grand Prix, which organises the Formula 1 races, as well as with Blue Sky Events, which manages the Christmas Wonderland at Gardens by the Bay. He handled their operational procedures. Being the friendly guy he is, he kept his network of friends and contacts. This move has paid off. He now works with the very same people who were once his superiors – only this time, they are his colleagues.

NO LIMIT TO WHAT YOU CAN DO

“There is no limit to what you can do if you believe in yourself and work hard,” says David. “Although it was a long journey, I’ve learned so much from both younger and older people. I grew my experience and now am able to teach others. Never give up!”

David has no doubt that belief in himself and sheer hard work, plus support from his family, friends and organisations such as the EA played a crucial role in how well life has turned out for him. “Family will always be there for you,” says David, “but finding friends who motivate you is important too. As you grow up, you tend to spend time away from home, so spend that time with a group that wants to be successful as much you do.”



David Pang receiving the Eurasian Community Fund (ECF) 2010: Bursary Award (Tertiary) from Guest of Honour Annabel Pennefather.

Following Arnold Schwarzenegger's Six Rules to success:

1. “Trust Yourself” – You may be getting advice from the whole world but you need to plant your feet and figure out who YOU are and what makes you happy. Once you know yourself, everything will fall into place.
2. “Break the rules” – Don’t break the law but break the rules in terms of not being afraid to think outside the box or doing things differently.
3. “Don’t be afraid to fail” – I’ve failed at some point in school, sports and work, but I know that failure can lead to important lessons to learn from. The only way to measure your success is by standing tall again after you fail and continuing to press on.
4. “Don’t listen to the naysayers” – Never let anyone tell you that you won’t succeed. Prove them wrong, build your experiences, work hard and one day you might be their boss.
5. “Work your butt off” – I’ve learned over the years that when it comes to success, consistent hard work is key. We may not like what we’re doing today but we’ll love tomorrow when what we’ve done pays off. Earn it. Enjoy it. Never wait for things to happen, make them happen.
6. “Give Back” – One day you’ll look back at your success, hard work and sacrifices. This is the time you will want to give back to others who may be in the same position you once were. Volunteer, serve and be an example to others.

HERITAGE STORIES THAT NEED

What's in a surname? Plenty, especially if you are Eurasian. Because we Eurasians are so diverse, our surnames are an important guide to our ancestry. Names such as Conceicao reflect Portuguese ancestry, Minjoot, Dutch and Bligh, British. Then what of Chinese-sounding Mowe? Here, retired teacher and publisher PATRICK MOWE tells us stories about his different ancestors.



Notes on my grandfather were compiled by my cousin Stuart Martin Mowe.

My first known ancestor on my father's side is my great-grandfather Shaliong Mowe. He was born in 1841 and died on 20 December 1902 at the age of 61. He was buried in Sibü.

Shaliong Mowe had two brothers, Mowe En Kui and Mowe Leong Kui, and two wives who bore him a total of 13 children. His first wife Renice was an Iban; his second wife Hajah Fatimah Gandang was Melanau. Both Iban and Melanau are ethnic groups indigenous to Sarawak.

In the Good Shepherd Cathedral Registry recording the birth of my grandfather Charles Mowe, his father's name is listed as Shaliong while his mother

is listed as Pribee. The family is not sure, but Pribee could be another name for Renice.

Besides my grandfather Charles Mowe, who was born on 22 December 1872 and died on 20 October 1922, my great-grandmother Renice had four other children with Shaliong Mowe. They were James (born 1866 and died 1936); Stuart (born 1868, died 1921); Arthur Reginald (born 1874, died 1964) and Alice (born 1879, died 1943).

My great-grandfather's second wife Hajah Fatimah had eight children: Augustus (born 1876), Hilda (1878), Alma (1880), Allen (1889), Ghita (1890), Lucy (1892), Harry (1894) and Francis (1895).



My father Oscar Mowe was brought up in Malacca. His father, my grandfather Charles, was a ship's engineer and often away at sea, so Oscar was left in the care of his step-uncle Allen Mowe. Allen was Post Master of Malacca Town and the first man in the town to own a car. (This was told to me by his daughter Barbara Hendricks, and my cousin Stuart Martin Mowe's meticulous research turned up a report in The Straits Times on the death of Charles Mowe on board a ship.)

In early 1944, the Japanese army conscripted able-bodied men; my father Oscar was one of them. When rumours began to emerge that the Japanese were going to ship these recruits to India, Oscar decided to desert the Japanese army although he knew that if he were caught, he would face certain execution. Oscar escaped to Bahau, taking his 21-year-old nephew Paul Bennett Mowe with him. Like Oscar, Paul Bennett was keen on boxing and my father had taught him the sport, so uncle and nephew were close.

In the jungles of Bahau, malaria had all but decimated the 'emigrant' Singaporeans. Funerals were a daily affair and the community found themselves spending much of their evenings at the chapel praying for the deceased. To escape falling victim to malaria, Oscar and Paul Bennett moved to the town where they built a house together. My father's family moved in with them. They remained in Bahau until the Allied Forces liberated Singapore.

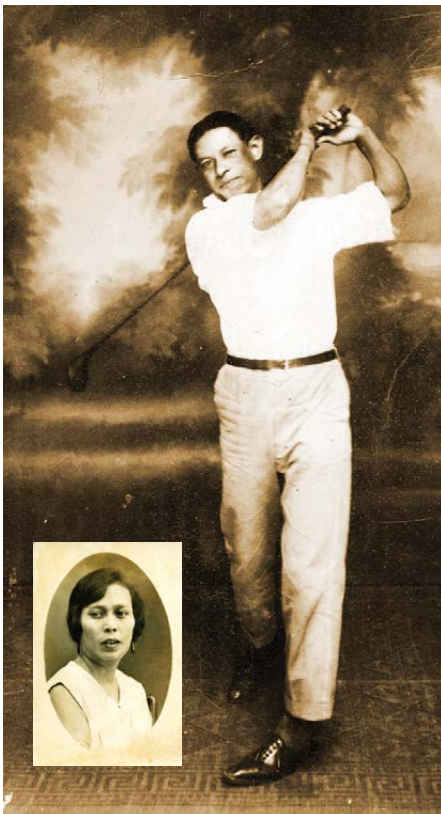
Paul Bennett was then about 21 years old. He subsequently married and had 10 children. He adopted four more through his second marriage.

My father Oscar was educated at St Francis Institution in Malacca. He was a brilliant student - he topped the 1928 Junior Cambridge exams - and harboured dreams of being a boxer. He died at 37 when I was 15 years old.

TO BE TOLD



Left: With my sister Audrey (now a nun, Sister Teresia, at the Convent of the Holy Infant Jesus) and my brother Michael Delaney. Above: As a young boy with my sister and parents Oscar and Theresa Mowe. Oscar died four months before Michael was born. Below: With my wife Rosalind, our closest relatives, their children and grandchildren on my 80th birthday in 2017.



My maternal grandparents Gilmore and Josephine (inset) D'Silva. Gilmore (Gil) D'Silva was caretaker of the Supreme Court Building from 1939 to 1960. An avid hobbyist, he crafted walking sticks, and reared tropical fish and singing birds, including canaries. But his biggest passion was golf and he was a champion golfer at the old Race Course Road Golf Club. He had five children: my mother Theresa Agnes, Isadora (Dot) Tyrellan, Mervyn (Sonny) Elmo, William (Bill) Langely and Daniel Thomas.



My mother Theresa Agnes Mowe nee D'Silva was widowed in her 30s. She later married a widower, Percival Aroozoo, who had four daughters and one son from his first wife. They were Marie Bong, Hedwig Anuar, Lydia Linford, Joyce Ross and Edmund Aroozoo. After the death of Percival, my mother joined the Dominican Order of The Perpetual Rosary in Fatima, Portugal where she is now buried.



Above: With my mother Theresa Agnes and my stepfather Percival Aroozoo and his family. I am standing first from left and my brother Michael Delaney is seated on the floor, right.



My wife Rosalind Mowe nee Anthony and I were married at the Cathedral of the Good Shepherd on 12 August 1961. Rosalind's father, Peter Anthony, left Malaysia to seek his fortune in Hong Kong. His family had originally come to Malaysia from Pondicherry, India. In Hong Kong, Peter met and married Kathleen Rosita Ismail and returned to Singapore just before the Second World War broke out.

Let's take a Sneak Peek at the

It has taken more than a year, and is on its final lap to the finish line. We're talking about the long-awaited new, revised and improved Eurasian Heritage Gallery, now located on Level 4 of the Eurasian Community House at 139 Ceylon Road. It consolidates the three earlier galleries on Levels 1 and 4 that were put up at different times.

Working intensely, a dedicated team took months of planning to see this worthwhile project come to fruition. The EA project team comprised volunteers Chairperson Julia D'Silva (below, in red), Percival Shepherdson, Geoff Morris, Cedric Pereira, Gerardine Donough-Tan and Sharon Miller, and Jacqueline Peeris and Natalie Kum from the EA Secretariat. They were assisted by Consultant Lucille Yap, a senior curator from the Singapore Philatelic Museum, and a team of designers from Pico, the contracting firm tasked to build the display. Together, they wracked their brains on the content, items to feature, ways to display them and how to make this a very exciting exhibition.

The team's first job was to draw up storyboards that would tell the Singapore Eurasian story. Then came ideas on how to obtain and display the items, including personal artefacts and photographs from the community. Such items are the backbone of any heritage gallery and sourcing for them is never easy. Julia admits that the project team sometimes had to jump through hoops to get what they wanted. "It was downright challenging at times," she says. "There were moments we felt like tearing our hair out, but we somehow managed to get the items, including those from other



sources, such as SPH and National Archives. Our perseverance paid off." Time was of the essence. Give now or forever hold your piece, was the team's mantra. Adds Julia: "We are deeply grateful to those who donated the items. We couldn't have seen this project through without them."

There were other things to manage, all at the same time: designing the final display, writing (captions, for example, had to be kept short and significant), and a hundred other tiny details. Once everything was agreed on, the designers were poised to translate

everything into the final artwork. Texts had to be checked carefully before committing everything to print. This was the crucial stage, as mistakes can show up in the least expected places.

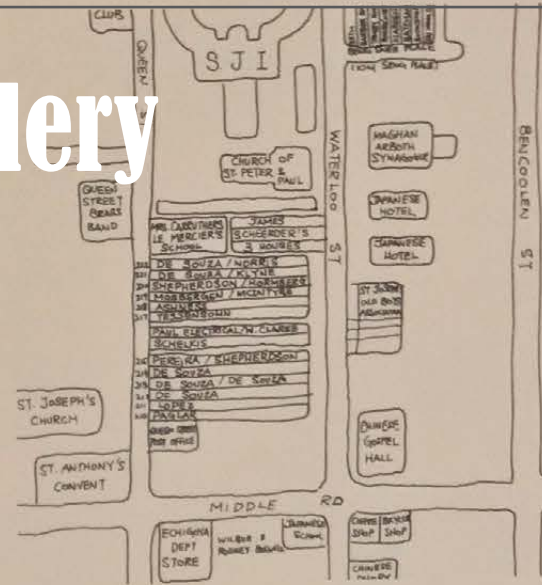
And so the new gallery is just about ready. Thanks to the efforts of the EA project team, and to the many families who contributed their mementoes, the Eurasian Heritage Gallery features more artefacts and photos than before. In keeping with modern museums today, there are also interactive and multimedia displays. The finish line should be reached in a couple of months, if not earlier. But be patient, says Julia, the soft launch will happen when everything is well in place.

The good news is that President Halimah has agreed to officiate the opening of the revamped gallery on 21 September 2019, a fitting tribute to the Eurasian Association's Centennial Celebration. Come celebrate with us, join us for the opening!



Eurasian Heritage Gallery

In the early days, there were several areas in Singapore where you could find many Eurasians living together. They were drawn to these locations for various reasons. In town, an early Eurasian cluster took root in the Waterloo, Queen Street, Bras Basah and Selegie areas because of easy access to mission schools, churches and offices. Queen Street was even known as Eurasian Street.

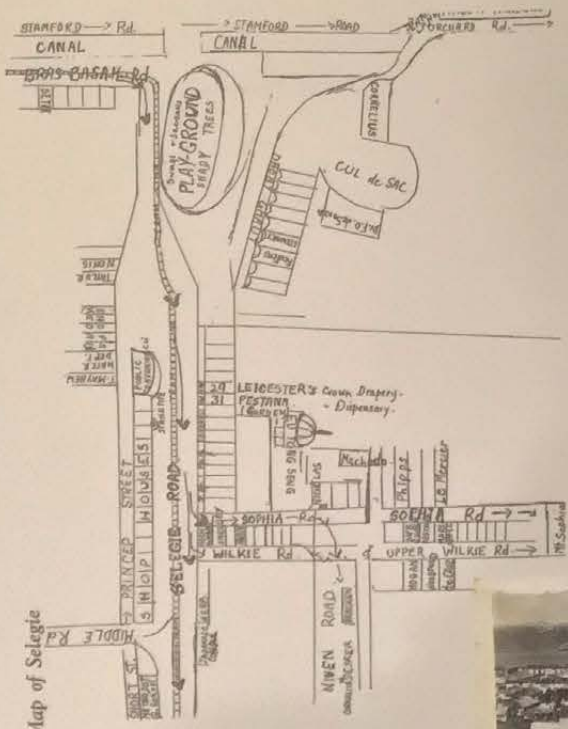


Hand-drawn map of the Waterloo Street area by Patrick Klassen
Source: Singapore Exhibition: Memories, Hopes & Dreams (2017)



No. 217 of six houses on Queen Street
Courtesy of Journey To The Straits, The Shepherdson Story

No. 217-3 Queen Street, home of Lawrence Justrian Shepherdson
Courtesy of Journey To The Straits, The Shepherdson Story



Hand-drawn map of Selegie by Muriel La Brooy
Source: Singapore Exhibition: Memories, Hopes & Dreams (2017)



Aerial view of Selegie Road at its junction with Princep Street, taken from the Cathay Building. The building with a large courtyard of parked vehicles was the Registry of Vehicles. The church steeple visible in the background on the left is the Church of Our Lady of Lourdes, circa 1940.
Courtesy of Singapore Philatelic Museum. Postcard donated by Prof. Chiah Jih Sang.



This is only a summary of the actual text.



SCOUTING DAYS *of* LONE WOLF

Story by Mary Anne Jansen, daughter-in-law of Harry 'Lone Wolf' Schooling.



Harry Schooling (main picture dated 1974 and above, back row 4th from left with the 15th Troop, 1935).

PHOTOS ON THIS PAGE COURTESY OF THE FAMILY OF HC SCHOOLING

Henry Charles Schooling, or Harry as everyone called him, was born in Pulau Brani where his father worked at the tin smelting works. He was the youngest son in a family of three boys and seven girls. In 1933, he joined the Scouts when he was at St Andrew's School. Scouting was perfect for a boy with boundless energy and he rose in the ranks to Rover Scout. With his cousin Leslie Woodford (Scout name Black Bear), they managed the 15th Singapore Troop, nicknamed Mojag, with the motto: Never Quit.



Harry testing out the flying fox at Jubilee Camp in the 1960s. He tested out every piece of camp equipment.

PHOTO COURTESY OF THE FAMILY OF HC SCHOOLING

The 15th Troop, later renamed 56th Troop, used the Tanah Merah site of Mr Ng Seng Choy as their camp. It was named Purdy Camp. Harry was very interested in carpentry and whilst there, he carved a totem pole to represent the Mojag Scouts. After the war, he and his cousin set out to revive Scouting in Singapore. Using the founder Baden-Powell's book *Scouting for Boys* as their guide, they developed activities suitable for boys living in the tropics.

Later, with a family and working for Cable and Wireless, Harry was able to test out his activities on his sons. A favourite activity was taking his children, nephews and nieces camping in the wilds of Mount Faber. He developed routines that included hiking, setting up their tents and water rationing to teach them discipline.



Harry and friends in the 1960s.

PHOTO COURTESY OF THE FAMILY OF HC SCHOOLING



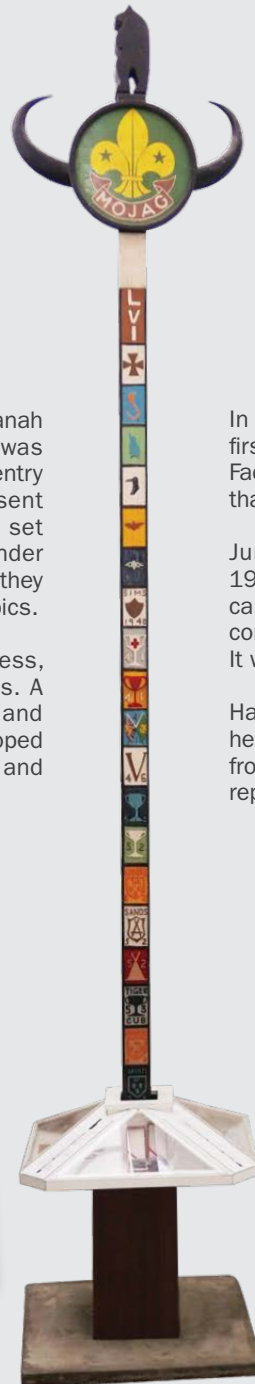
Sarimbun, 1967. The camp's address is listed as 70 Jalan Bahtera, Singapore 719921.

PHOTO COURTESY OF THE FAMILY OF HC SCHOOLING

In 1953, the Scout camp was moved to Jurong. It was first called Jurong Park and then renamed Jubilee Camp. Facilities included flying foxes, a bridge and a grand entry that invoked the Scout laws as the laws of the camp.

Jurong was earmarked for industrial development. In 1965, the Government offered land at Sarimbun for a new camp. The two cousins, Black Bear and Lone Wolf, again conceptualised and supervised the building of the camp. It was opened in August 1969 and is still in use today.

Harry never actually left the Scout movement. Although he and his wife left Singapore in 1989, he never resigned from the Scouts. His old Scout hat, battered but regularly repaired, accompanied him on his last journey.



The 78-year-old Mojag totem pole representing 56th Troop, at the Heritage Corner of the former St Anthony's Boys' School.

PHOTO COURTESY OF CHRIS SCHOOLING

In 1970, Harry was one of the first recipients of a new Scout Association Award, presented by Chief Scout, President Yusof Ishak. In 1973, Harry was promoted to the position of Assistant Chief Commissioner. In 1975, he was awarded the Superior Service Award by Chief Scout, President Benjamin Sheares. His citation read 'for exceptionally valuable service to the Scout movement'. In a congratulatory letter, the World Scout Bureau called the award 'a well-deserved recognition of your outstanding service and meritorious contributions to youth through Scouting'.

A Traditional Eurasian Wedding

MAUREEN WESTERHOUT NEE PEREIRA describes her wedding in 1968 – a time when showering the couple with confetti, blessing the cake and tying tin cans to the ‘getaway’ car mattered.



Burton and I walking under a shower of confetti.

Even though we met on a blind date in 1961, Burton and I didn't get married until April 1968! We had a one-year engagement before the wedding ceremony. We got engaged when I was 22 years old, and I had only recently graduated from Teachers' Training College.

When we decided to get married, we had to be married in the church of my following. And being a Portuguese Eurasian belonging to the Portuguese Mission (St Joseph's Church at Victoria Street), I had to get married in that church. That was how it was done in those days. When I went to book the wedding for Easter Monday (traditionally we were not allowed to marry during the six weeks of Lent, so Easter Monday was a popular wedding date), I found that three of my best friends had also booked their weddings on the same day, and one of them had already booked the 5pm slot at the same church! In the end I had to settle for the 4pm slot. The problem was that because the church hall had already been booked by my friend, we couldn't have the traditional reception of high tea, with cakes and sandwiches, immediately afterwards.

I had to search around for an alternative venue for my reception. Unfortunately, the popular places such as St Patrick's school hall, St John's Ambulance Brigade hall and the Fraser & Neave place were already booked for other functions. Luckily, we were able to get the Church of Our Lady of Perpetual Succour (OLPS) hall in Siglap. We wanted something different, so we decided to arrange for a dinner instead of a high tea. I believe we were one of the first Eurasian couples to have such a wedding dinner! Burton and I saved furiously for this, and everyone was fed banquet style for about \$5 per head. Dishes were only about \$1 per head in those days.

One traditional thing I remember my mother did for me was to prepare my bedroom with new bedclothes, curtains, pillows and cushions, and decorate the room. It was freshly painted and cleaned because this was to be our first home as 'husband and wife'. Apparently, my grandmother did the same for my mum when she got married, and they had to stay there until they got their own place too.



Pranksters 'decorated' the bridal car with toilet paper and tied tin cans to the back bumper so it made an unholy racket!



A dress designed and made with love

Hedley Westerhout, my soon-to-be brother-in-law, designed my wedding dress which had 300 cloth roses sewn onto the dress and train. He even designed the bridesmaids' dresses, all handsewn by a Shanghainese tailor in High Street, and decorated both the church and the OLPS hall with flowers and streamers with the help of lots of cousins.

For about two months before the wedding, my girlfriends and I cut out heart shapes from paper and prepared confetti from punched paper.

The confetti was thrown all over us by our dinner guests as we left the OLPS hall to wish us luck for the future. Some European cultures use rice, but for Eurasians we used paper confetti. Soon, it was time to leave the hall in our car and head to the hotel for our honeymoon night. Unbeknownst to me, some of Burton's friends 'decorated' our car with toilet paper and tied tin cans to the back bumper; Burton's mother even tied his kiddie potty. So when we sped off, we made an unholy racket driving down the street!



Our bridal party of sponsors, bridesmaids, best men, flower girls and pageboy.

band, The Rhythmakers, who played the traditional numbers and the Jinkli Nona, and Burton's friend Patrick Carroll and his band, The McCoys, who played popular songs of the day. We danced till late. The next day we hosted a 'Thank You' dinner for all the bridal party and helpers at my parents' place in Karikal Road. What a trip down memory lane to recall all of this. It's been more than 50 years!

Beautiful morning

The morning of my wedding, a Chinese beautician came to my house and did my hair and make-up. Before we left for church, the bridal party assembled and, following Eurasian tradition, my dad made a speech and raised a toast. Then mum and dad covered my face with the wedding veil – this signified the end of my duty to my parents.

Later, at church, when Burt lifted my veil after we exchanged rings at the altar, it signified the start of a new life as man and wife. After the ceremony we rushed down to have our wedding photos taken at Beauty Studio in Katong. It was a well-known studio for wedding pictures in the 1960s.

We had a sugée wedding cake, decorated by my uncle, Jimmy D'Rozario. It was a four-tier cake, and had streamers hanging from the ceiling. We were lucky to have live music. It was provided by two bands: my uncle Jimmy's



Fr Bata blessing the Westerhouts' wedding cake.

SWEET TREAT SUGEE CAKE 1989*, COURTESY OF EVELYN RODRIGUES

Ingredients:

- 500g (17 oz) salted butter (from Cold Storage Creameries)
- 1½ cups (12 oz) semolina (sugee)
- 1½ cups (12 oz) fine sugar
- ¾ cup (6 oz) self-raising flour
- 15 eggs (separate yolks from whites)
- 2 cups (16 oz) ground almonds (blanch, sun-dry and roughly grind to form a crunchy consistency)
- 2 teaspoons vanilla extract and 5 tablespoons brandy

Method:

- 1) Mix softened butter and semolina in a big bowl and leave to stand for 5 hours or even overnight.
- 2) From the separated eggs, put aside some egg white to make the marzipan. Using an electric beater, whisk the rest of the egg whites until stiff and glossy. Keep the whisked egg white aside.
- 3) Whisk egg yolks and sugar with electric beater until mixture turns a creamy colour (8–10 min).
- 4) Pour this mixture into the butter–semolina mixture and mix by hand until thoroughly combined.
- 5) Stir in 3 tablespoons of beaten egg white followed by vanilla extract and brandy.
- 6) Stir in flour and almonds; the mixture will be a thick batter.
- 7) Line an 8-inch, square baking tin with greaseproof paper and grease with butter.
- 8) Preheat the oven to 350 degrees F.
- 9) Bake for 1 hour 15 minutes or until top of the cake is a golden colour and firm to the touch.
- 10) Leave the cake in the tin to cool over a wire rack for about 15 minutes before turning it out.
- 11) Leave cake to cool completely before covering it with marzipan.

HOW TO MAKE YOUR OWN MARZIPAN (this amount is enough to cover the top of the cake; make more if you need to cover the entire cake):

- 1) Finely grind 14 oz almonds (blanch and sun dry first). Add 6 to 8 oz icing sugar and 1–2 tablespoons egg white (unbeaten); squeeze in some lemon juice
- 2) Mix to form a ball, adding more sugar if necessary, then chill for ½ hour.
- 3) While it's chilling, put 2 tablespoons of marmalade in a little water and stir over a very low fire. Strain this over the top of the cake.
- 4) Roll out marzipan on greaseproof paper sprinkled with icing sugar. Roll out just enough to cover the top of the cake.
- 5) Very carefully, lift the square piece of marzipan to rest on top of the cake; smoothen top and edges. (Leftover marzipan can be frozen for future use.)

Making marzipan is not easy. If it's too wet or too dry, it won't roll out. But home-made marzipan tastes so much better, so keep practising.

* Forty-five years ago, I was given this original recipe by a close friend, Mrs Lucy Augustine, who in turn had received it from her husband's relatives. Almost 30 years ago, when a group of Eurasians, including my husband Edmund, formed a new management team of the Eurasian Association in 1989, I baked a sugée cake to celebrate their success. Since then I have served Sugée Cake 1989 at every EA Annual General Meeting.



Eurasian Association

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Guest-of-honour: Prime Minister Lee Hsien Loong

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Saturday, 21 September 2019, 3pm to 5pm

Venue: Eurasian Community House

Guest-of-honour: President Halimah Yacob

LAUNCH OF EA100 BOOK

Saturday, 12 October 2019, 3pm to 5pm

Venue: Eurasian Community House

Guest-of-honour: Minister S. Iswaran

For more information, log on to www.eurasians.org.sg